**Unit 2: Leading**

**Activity 1: Personality and Human Behaviour**

**Questions:**

1. Define personality
2. What is the “Big-Five?”
3. List and describe the five dimensions of personality.
4. What is a mnemonic used to remember these five dimensions of personality?
5. What is one common method used to assess personality that uses a multiple choice questionnaire where the individual selects answers that are the best fit?
6. What is the result of the test? (how many letters in the code).
7. Another personality assessment frequently used in business world is called?
8. What are the colours used in this assessment?
9. What does emotional intelligence refer to and deal with?
10. Why would a manager want to use personality assessments in the workplace?

**Activities: (Click on links from the OERB website)**

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|  | 1. Complete a simplified [online version](http://www.humanmetrics.com/cgi-win/JTypes2.asp) of a questionnaire based on Myers-Briggs typology. This is not a true Myers-Briggs assessment, but it will give you some insight as to how this type of personality assessment works AND Check out the profile of each of the [sixteen types](http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/the-16-mbti-types.asp) on the Myers-Briggs Foundation website.  |  |  | | --- | --- | |  | 1. You can check out a simplified online version of True Colors called [Kalil's Personality Assessment](http://www.truecolorscareer.com/quiz.asp). Check out the meaning behind each of the colours at the [True Colors®](http://true-colors.com/TCSite/color_meaning.html) website. |  1. Watch this 10 minute [video interview](http://www.youtube.com/watch?v=7Qv0o1oh9f4) with psychologist Daniel Goleman. He explains the concepts of both emotional intelligence and social intelligence and why they are important to leadership and the workplace. 2. Read the article entitled: “[How to inspire personality types](http://jobboomcc.canoe.ca/News/2006/10/25/2124977-sun.html)” that describes how a manager can inspire and motivate individuals with four different types of personalities. |

* Keep all the scores of each of these assessments saved as we will be coming back to them.